

## 5 Essential Natural Hair Care Tips for Summer

Summers have come and the sun is shining to its full and the wintry chill almost has made a coy retreat. During this hot season, you will find the people making trips for the beaches, yacht parties, pool parties and water sports. However, they also result into sweating, sticky and dehydration, frizzy and rough hair. Hair are the most delicate parts of human beauty, they require lot of care especially in summers. As the temperature raises the sweat glands in our body gets active and slowly we start turning smelly, that makes us to feel to never exit a pool!

Thus, dealing with your hair in summers is particularly tricky and the hair requires to be washed several times a week that makes the hair rough and frizzy. But if not washed quickly, the hair may turn sticky and limp. So, your beautiful tresses need the maintenance without damaging but how?

Follow some amazing hair tips that will help you somewhat maintaining the beauty of your hair-

### Get Your Hair Trimmed-



Not just the trimming and hair styling is required for a fresh and new look, but getting a summer trim will help you reducing the hair falls. Trimming helps boosting up the hair growth and making them long. So, if you haven't taken a hair trim till now, then rush to your favorite salon and get your hair styling done with which you can also benefit in the coming months.

### Protect Your Beautiful Tresses from Sun-



After getting a wonderful haircut to welcome the summer season, you need to cover your hairs when you get out under the sunny day. In fact, go online and search for the best hair care products that contains UV filters, and sunscreen. This will take a bit of effort but will be very helpful in protecting your hair from damaged and scalp being scorched. However, while covering your hair with scarf, you do not need to unnecessarily wrap around the one which is not going with your outfit. Instead, shop for the trendy scarfs which will give you a stylish and fashionable look and also help you protecting your hair.

## Use the Best Quality Shampoo and Conditioner-



To cleanse your hair of accumulated dirt, oils and sweat, it becomes necessary to wash hair more frequently than usual. However, undoubtedly, the repetition in washing the hair may result into dry and rough hair as it will suck the moisture from your hair and will make your hair brittle. This can be tackled by using the best quality shampoo and conditioner which has powerful moisturizing effect. Only the special shampoos are ideal which are designed to deal with rough, dry, frizzy, and damaged hair. In fact, along with it, you can also use some good serum or conditioner which will

help dealing with frizz hair.

## Precautions before Taking a Dip-



Chlorine is the one product which spoils the hair like anything! If you love to jump into the pool to cool off, however, after stepping out of the wonderful pool, you will realize what the chlorine has done with your beautiful hair. However, there is a cure for your hair which will lessen the effects of chlorine to your hair. You must follow this simple and easy step to protect your hair from severe damage. Before entering into pool water, you must wet your hair with a clean water and apply some conditioner on it. This will prevent your hair to absorb the chemicals in the pool and also rinse your hair after stepping out of the pool.

## Say Goodbye to Hair Styling Tools-



Already your hair have lose its essential oils and moisture due to heat, however, it is strictly

recommended not to use the dryers and curling irons which will worsen the quality of your hair more. No matter how good quality shampoo and serum you are using, but these heating styling tools will definitely harm your hair in a serious way. Thus, summers are about fun and relaxation, and let it reflect through your hairstyle as well.

Thus, these are the top five tips that will help you maintain the beauty and shine of your hair. Don't obsess over the perfect hair as you can make it by your own!